

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Ιαν 2023					
Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.19	4.14	-0.05	-1.2%
2	Chrysodalia Turkey Smoked Slices 200gr	2.77	2.79	0.02	0.7%
3	Grigoriou Ham Slices 300gr	3.61	3.59	-0.02	-0.6%
4	Grigoriou Lountza Slices 150gr	3.02	3.04	0.02	0.7%
5	Grigoriou Salami Extra 300gr	2.37	2.49	0.12	5.1%
6	Grigoriou Streaky Bacon Slices 150gr	2.52	2.66	0.14	5.6%
7	Grigoriou Turkey Smoked Slices 200gr	3.23	3.28	0.05	1.5%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.11	1.17	0.06	5.4%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.32	1.36	0.04	3.0%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.27	1.34	0.07	5.5%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.72	1.78	0.06	3.5%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.76	1.83	0.07	4.0%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.68	1.69	0.01	0.6%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.67	1.72	0.05	3.0%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.06	2.05	-0.01	-0.5%
16	MITSIDES TOMATO PASTE CUP 4X70GR	1.61	1.66	0.05	3.1%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.18	1.28	0.10	8.5%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.45	2.76	0.31	12.7%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.78	2.94	0.16	5.8%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.14	4.12	-0.02	-0.5%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.15	4.12	-0.03	-0.7%
22	ZITA STRAINED F/F PC 1KG	3.91	3.89	-0.02	-0.5%
23	ZITA STRAINED LGT PC 1KG	3.89	3.90	0.01	0.3%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.67	1.79	0.12	7.2%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.62	13.39	-0.23	-1.7%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.38	3.25	-0.13	-3.8%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.27	13.45	-0.82	-5.7%
28	DIROLLO 2.2% COTTAGE 225GR	2.12	2.16	0.04	1.9%
29	DODONI FETA BLOCK 400GR	6.71	6.64	-0.07	-1.0%
30	KESES GOAT/SHEEP HALLOUMI KG	13.30	13.44	0.14	1.1%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	2.94	2.96	0.02	0.7%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.09	2.11	0.02	1.0%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.08	2.12	0.04	1.9%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.97	7.14	0.17	2.4%
35	VEPO FOOD EDAM SLICES 200GR	2.83	2.76	-0.07	-2.5%
36	VEPO FOOD GOUDA SLICES 200GR	2.80	2.73	-0.07	-2.5%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.78	1.78	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	3.02	3.02	0.00	0.0%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.30	2.30	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.54	1.57	0.03	1.9%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	3.02	3.03	0.01	0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.98	2.98	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.29	2.29	0.00	0.0%
44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.99	2.99	0.00	0.0%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	8.58	8.67	0.09	1.0%
46	DORINA SUNFLOWER OIL 5L	8.34	12.28	3.94	47.2%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	12.92	14.21	1.29	10.0%
48	FLORA SUNFLOWER OIL 3L	9.89	9.90	0.01	0.1%
49	LESIEUR SUNFLOWER OIL 3L	8.58	8.45	-0.13	-1.5%
50	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.46	7.50	0.04	0.5%

51	SEKER EXTRA VIRGIN OLIVE OIL 1L	7.03	6.86	-0.17	-2.4%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.30	1.51	0.21	16.2%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.27	1.30	0.03	2.4%
54	MITSIDES SELF RAISING 1KG	1.31	1.50	0.19	14.5%
55	MITSIDES VILLAGE 1KG	1.38	1.59	0.21	15.2%
56	TRIUMPH FARINA 00 1KG	1.18	1.41	0.23	19.5%
57	TRIUMPH VILLAGE 1KG	1.25	1.51	0.26	20.8%
ΖΑΧΑΡΗ					
58	SUGAR	1.44	1.45	0.01	0.7%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.28	1.27	-0.01	-0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.26	1.28	0.02	1.6%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.16	1.28	0.12	10.3%
62	MITSIDES MEZZANI A 500GR	1.22	1.38	0.16	13.1%
63	MITSIDES ORZO 500GR	1.31	1.39	0.08	6.1%
64	MITSIDES SPAGHETTI 500GR	1.08	1.21	0.13	12.0%
65	MITSIDES TRADITIONAL 500GR	1.46	1.45	-0.01	-0.7%
66	TRIUMPH SPAGHETTI 500GR	1.05	1.10	0.05	4.8%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.56	2.58	0.02	0.8%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	2.86	2.85	-0.01	-0.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.18	2.27	0.09	4.1%
70	SOLEAS 3A BEANS 1KG	2.75	3.00	0.25	9.1%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.47	3.48	0.01	0.3%
72	SOLEAS 3A GREEN LENTILS 1KG	2.64	2.85	0.21	8.0%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.47	2.55	0.08	3.2%
74	A.KEPOLA BULGUR WHEAT 500GR	1.59	1.59	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.33	1.37	0.04	3.0%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.28	1.24	-0.04	-3.1%
77	MITSIDES BULGUR WHEAT 1KG	3.08	2.95	-0.13	-4.2%
78	MITSIDES BULGUR WHEAT 500GR	1.77	1.64	-0.13	-7.3%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.24	3.30	0.06	1.9%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.43	2.56	0.13	5.3%
81	SOLEAS 3A PARBOILED RICE 1KG	2.40	2.41	0.01	0.4%
82	TILDA BASMATI RICE 1KG	4.78	4.71	-0.07	-1.5%
83	UNCLE BENS LONG GRAIN RICE 1KG	3.44	3.64	0.20	5.8%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	7.25	7.27	0.02	0.3%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	2.94	3.10	0.16	5.4%
86	HERCULES RAVIOLI 400GR	2.86	2.88	0.02	0.7%
87	MITSIDES VILLAGE RAVIOLI 375GR	2.94	3.00	0.06	2.0%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	9.37	10.33	0.96	10.2%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.44	6.44	0.00	0.0%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.57	5.76	0.19	3.4%
91	EDESMA SQUID RINGS 1KG	6.25	5.89	-0.36	-5.8%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	BLUE GREEN SALMON FILLETS 500GR	11.26	12.24	0.98	8.7%
93	EDESMA RED FISH 1KG	7.84	7.84	0.00	0.0%
94	FOODPAX SALMON ATLANTA PORTIONS 4X125GR	15.40	15.40	0.00	0.0%
95	FOODPAX SALMON PORTIONS 4X125GR	12.08	12.48	0.40	3.3%
96	QUALIFOOD PANGASIUS FILLETS 1KG	5.39	5.49	0.10	1.9%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.62	3.63	0.01	0.3%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	5.64	6.32	0.68	12.1%
99	DONEGAL CATCH CHUNKY COD FILLETS 4PCS 500GR	8.03	7.95	-0.08	-1.0%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.25	4.14	-0.11	-2.6%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	2.68	2.62	-0.06	-2.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.49	5.39	-0.10	-1.8%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.70	4.63	-0.07	-1.5%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.11	4.85	-0.26	-5.1%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.93	3.75	-0.18	-4.6%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.16	4.03	-0.13	-3.1%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.62	6.64	0.02	0.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.65	5.63	-0.02	-0.4%
109	EDESMA CHICKEN NUGGETS 900GR	7.81	7.80	-0.01	-0.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.65	6.94	0.29	4.4%

111	EN ELLADI CHICKEN NUGGETS 400GR	4.23	4.43	0.20	4.7%
112	EN ELLADI MEAT BALLS 420GR	3.99	4.22	0.23	5.8%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.52	4.56	0.04	0.9%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS WHITE 200GR	2.66	2.88	0.22	8.3%
115	CHARALAMBOUS WHITE 500GR	7.00	6.98	-0.02	-0.3%
116	LAIKON GOLD 200GR	2.80	2.91	0.11	3.9%
117	LAIKON GOLD 500GR	7.34	7.30	-0.04	-0.5%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.17	4.14	-0.03	-0.7%
119	JACOBS EKLEKTOS JAR 100GR	3.91	4.29	0.38	9.7%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.40	5.40	0.00	0.0%
121	NESCAFE CLASSIC DEC TIN 100GR	4.41	4.47	0.06	1.4%
122	NESCAFE CLASSIC TIN 100GR	3.58	3.59	0.01	0.3%
123	NESCAFE CLASSIC TIN 200GR	5.67	5.66	-0.01	-0.2%
124	NESCAFE GOLD BLEND JAR 190GR	5.79	5.77	-0.02	-0.3%
125	NESCAFE GOLD BLEND JAR 95GR	3.19	3.26	0.07	2.2%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	NESTLE MILKMAID CONDENSED CAN 397GR	1.93	1.95	0.02	1.0%
127	NOYNOY CONDENSED CAN 397GR	1.37	1.35	-0.02	-1.5%
128	NOYNOY EVAPORATED CAN 410GR	1.07	1.07	0.00	0.0%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.06	1.07	0.01	0.9%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.10	1.10	0.00	0.0%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.13	3.07	-0.06	-1.9%
132	Tulip Pork Chopped Ham 200gr	2.52	2.57	0.05	2.0%
133	Tulip Pork Luncheon Meat 200gr	2.28	2.46	0.18	7.9%
134	Zwan Chicken Luncheon Meat 200gr	2.09	2.12	0.03	1.4%
135	Zwan Pork Chopped Ham 200gr	3.01	3.04	0.03	1.0%
136	Zwan Pork Luncheon Meat 200gr	2.15	2.16	0.01	0.5%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 3X160GR(1FREE)	7.22	7.83	0.61	8.4%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.71	5.88	0.17	3.0%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.12	4.36	0.24	5.8%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.37	3.37	0.00	0.0%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	5.57	6.12	0.55	9.9%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	Kellogg S Coco Pops 500gr	3.17	3.21	0.04	1.3%
143	Kellogg S Coco Pops Chocos 375gr	2.67	2.59	-0.08	-3.0%
144	Kellogg S Corn Flakes 500gr	2.90	2.89	-0.01	-0.3%
145	Kellogg S Honey Loops 330gr	3.33	3.35	0.02	0.6%
146	Kellogg S Special K Classic 500gr	3.32	3.43	0.11	3.3%
147	Oreo Os Cookies&Cream Cerals 350gr	3.28	3.17	-0.11	-3.4%
148	Quaker Traganes Mroukies Dark Chocolate 450gr	3.61	3.52	-0.09	-2.5%
149	Quaker White Oats Bag 500gr	2.23	2.24	0.01	0.4%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.10	1.05	-0.05	-4.5%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.28	3.23	-0.05	-1.5%
152	BAKANDYS RUSKS RYE 200GR	2.65	2.63	-0.02	-0.8%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.25	2.17	-0.08	-3.6%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.38	2.41	0.03	1.3%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.12	3.06	-0.06	-1.9%
156	JOHNSOF CROUTONS WHEAT 320GR	2.59	2.63	0.04	1.5%
157	MARIAS BREAD COOKIES CAROB 350GR	3.06	3.05	-0.01	-0.3%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.34	3.36	0.02	0.6%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.21	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.14	5.14	0.00	0.0%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.02	2.07	0.05	2.5%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.33	3.32	-0.01	-0.3%
163	OREO VANILLA SW 154GR	1.34	1.30	-0.04	-3.0%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	3.94	3.95	0.01	0.3%
165	7 UP REGULAR CAN 8X330ML	3.93	3.95	0.02	0.5%
166	COCA COLA REGULAR CAN 330ML	0.83	0.85	0.02	2.4%
167	COCA COLA REGULAR CAN 8X330ML	4.10	4.14	0.04	1.0%
168	COCA COLA ZERO CAN 8X330ML	4.27	4.32	0.05	1.2%
169	PEPSI MAX CAN 8X330ML	3.29	3.30	0.01	0.3%

ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.67	2.67	0.00	0.0%
171	AGROS STILL PET 6X1.5L	2.24	2.28	0.04	1.8%
172	ΑΓΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 12X500ML	2.76	2.77	0.01	0.4%
173	ΑΓΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 6X1.5L	2.22	2.24	0.02	0.9%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.76	3.02	0.26	9.4%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.21	2.34	0.13	5.9%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.64	1.59	-0.05	-3.0%
177	KEAN ORANGE 100% TP 1L	1.60	1.59	-0.01	-0.6%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	3.94	4.01	0.07	1.8%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.52	1.52	0.00	0.0%
180	LIFE ORANGE 100% PET 1L	2.37	2.38	0.01	0.4%
181	LIFE ORANGE 100% PET 400ML	1.50	1.50	0.00	0.0%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (M) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.03	3.11	0.08	2.6%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	9.12	9.31	0.19	2.1%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	12.60	12.40	-0.20	-1.6%
185	Βοδινός κιμάς (Kg) (από κουτάλα καθαρισμένη)	8.58	8.53	-0.05	-0.6%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.75	3.77	0.02	0.5%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.84	7.95	0.11	1.4%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.43	9.46	0.03	0.3%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	4.87	4.82	-0.05	-1.0%
190	Χοιρινός Κιμάς (από μερί) (Kg)	4.53	4.75	0.22	4.9%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.38	5.22	-0.16	-3.0%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.47	10.37	-0.10	-1.0%
193	Καλαμάρι Μεγάλο (Kg)	9.99	12.41	2.42	24.2%
194	Καλαμάρι Μικρό (Kg)	15.94	19.41	3.47	21.8%
195	Λαβράκι Μεγάλο (Kg)	10.79	9.94	-0.85	-7.9%
196	Μπαρμπούνι (Kg)	22.82	26.62	3.80	16.7%
197	Τσιπούρα Μεγάλη (Kg)	7.83	8.09	0.26	3.3%
198	Χταπόδι Μεγάλο (Kg)	17.41	15.52	-1.89	-10.9%
199	Χταπόδι Μικρό (Kg)	15.35	14.83	-0.52	-3.4%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	0.78	0.86	0.08	10.3%
201	Αγγουράκια Χωραφιού (Kg)	1.40	1.59	0.19	13.6%
202	Ντομάτες Α (Kg)	1.44	1.44	0.00	0.0%
203	Πατάτες Φρέσκες (Kg)	1.24	1.07	-0.17	-13.7%
204	Χόρτα Δέσμης	0.49	0.48	-0.01	-2.0%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.85	1.88	0.03	1.6%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.71	1.71	0.00	0.0%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.87	1.89	0.02	1.1%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.65	1.67	0.02	1.2%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.66	1.68	0.02	1.2%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.32	1.27	-0.05	-3.8%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.55	6.52	-0.03	-0.5%
212	ΠΥΡΣΟΣ 5kg	6.33	6.28	-0.05	-0.8%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL MOUNTAIN SPRING 56WSH LIQ 3.08L	9.60	9.57	-0.03	-0.3%
214	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.61	6.41	-0.20	-3.0%
215	DIXAN UNIVERSAL 70+7WSH PWD 4.235KG(10% FREE)	11.42	9.59	-1.83	-16.0%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	6.82	6.85	0.03	0.4%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.90	5.89	-0.01	-0.2%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.87	5.82	-0.05	-0.9%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.15	5.16	0.01	0.2%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.16	5.22	0.06	1.2%
221	COMFORT PURELY SOFT 4L	4.73	4.94	0.21	4.4%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΙΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.13	2.24	0.11	5.2%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.09	2.07	-0.02	-1.0%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.04	1.95	-0.09	-4.4%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.75	3.73	-0.02	-0.5%
ΧΑΡΤΙ ΥΓΙΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.28	4.24	-0.04	-0.9%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	10.53	10.63	0.10	0.9%

228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	10.53	10.66	0.13	1.2%
229	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	12.48	12.62	0.14	1.1%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.63	13.88	0.25	1.8%
231	SILKY WHITE 2PLY 24P	7.77	7.70	-0.07	-0.9%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.07	16.17	0.10	0.6%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	11.84	12.15	0.31	2.6%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	11.79	11.91	0.12	1.0%
235	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	16.35	16.61	0.26	1.6%
236	PAMP. ACTIVE BABY 7 EXTRA LARGE PLUS 15+KG 60P	16.58	16.60	0.02	0.1%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	12.96	13.05	0.09	0.7%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.96	10.88	-0.08	-0.7%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.28	3.24	-0.04	-1.2%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.06	3.14	0.08	2.6%
241	ΝΟΥΝΟΥ 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	4.63	4.61	-0.02	-0.4%
242	ΝΟΥΝΟΥ BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.44	4.41	-0.03	-0.7%
243	ΝΟΥΝΟΥ FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	2.76	2.75	-0.01	-0.4%
244	ΥΙΟΤΙΣ FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.82	2.88	0.06	2.1%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.04	19.56	0.52	2.7%
246	Frisogrow Plus+ 3-5y Tin 800gr	19.21	19.66	0.45	2.3%
247	Frisolac 1 0-6m Tin 800gr	22.54	22.80	0.26	1.2%
248	Frisomel 2 6m+ Tin 800gr	19.30	19.70	0.40	2.1%
249	Nan 4 Protect Build 2y+ Tin 400gr	8.70	8.79	0.09	1.0%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.27	9.24	-0.03	-0.3%